

Check List, Tanzania Study Abroad 2020



The most important things you need to take care of...

- **Monday, 18 May 2020: Be at Emirates check-in desk at Washington Dulles, 8:00am**

Documents

- **Passport**
- **HTH Health insurance card**
- **Second photo ID:** PSU ID; International Student ID (if you have one)
- **One photocopy of your important documents and cards, packed separately:**
 - Passport (including the pages with photos and data and the one with the visa)
 - HTH Health Insurance card
 - 2nd photo ID
 - ATM card, credit card
 - Prescriptions or any important medical information

Money

- **ATM card.** Call your bank to tell them about your travel before leaving the US
- **US\$150-200**, in \$50 notes. Must be dated 2012 or later, no tears
- **Credit card.** Call your credit card company to tell them about your travel before leaving the US

Health

- **Anti-Malaria medicine, REQUIRED.** If you are taking the once-weekly, take the first on Monday, 11 May
- **Prescriptions:** Enough for the whole trip and a written prescription to identify the material (including syringes)
- **Contact lenses, eye glasses:** If you use contacts, bring glasses as well; if you use glasses, bring an extra pair

Packing

- **One checked bag, weighing less than 70 lbs., and a daypack; see packing list; YOU MUST TRAVEL LIGHT**
- **Neck pouch or money belt** for your official documents and money
- **School supplies**, see list
- **British-style three-pronged plug adapters:** 220V, 50Hz converter if any of your gear is 110V, 60Hz
- **No TSA-illegal objects** in your carry-on; check for the latest information (www.tsa.gov)

Any questions that the above checklist does not cover?

Larry Gorenflo, ljg11@psu.edu, cell: 814-359-8344; Carter Hunt, cah59@psu.edu; 979-492-7643

